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Low-Load, High Performance Homes: Introduction and HVAC Solutions



Context: Low-load Definition(s)

- Residence that requires a heating capacity of less than 15-25 kBtu/h or cooling / heat-pump system capacity of less than 1.5 to 2 tons
- Peak load intensity per unit floor area (W/m² or Btu/(h·sf)) less than:
 - ~12 Btu/h·sf heating
 - 1200-1500 sf per ton (or more) cooling
 - Different rules for distribution, mixing, duct sizes apply at these low loads
 - For reference—PassivHaus recommends 3.2 Btu/h·sf
- Less than ½ or 1/3 equivalent code-built home



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Context: Low-Load Houses/Units

- Heating / cooling loads shrinking!
 - Better insulation, airtightness, windows
 - New programs: NZE, PH, E-Star V3+
 - Smaller homes, townhomes
 - Multi-unit = small exterior enclosure area



Low Load Building Anomalies

- Internal / solar gains have a BIG impact on space temperature
 - Eg. SHGC (g)=0.60
 - 6'0" x 6'8" patio door with 80% glass
 - 6000 Btu/hr in bright sun! (1/2 ton AC in one room)
 - Occupancy example
- Better zoning may be needed
 - Room by room
 - Mixing between rooms
 - Or better enclosure? (lower SHGC glazing)



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HVAC Constraints

- Safety
 - Combustion, explosion, scalding
- Health (air quality)
- Comfort
 - Temperature, humidity, air speed, noise, light
- Reliability
 - Maintainable, long term performance
- Efficiency
 - Minimum of additional energy
- Economy (Builder can afford)



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HVAC Functions

Five Critical functions are needed

- Heating
- Cooling
- Ventilation
 - "fresh air"
 - dilute / flush pollutants
- Air filtration / pollutant removal
 - Remove particles from inside and outside air
 - Remove pollutants in special systems
- Humidity Control



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Equipment Limitations

- Peak design loads are smaller than smallest commodity central units
 - E.g. 25-30 kBtu/hr furnace
 - Smallest condensing furnaces are 40 kBtu/hr
 - Two-stage furnaces allow for low stage fire at 30 kBtu/hr
 - 1.5/2 ton AC (18-24 kBtu/hr)
 - 2 ton is the smallest efficient model



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Condensing Furnace

- Simple, reliable, lots of service available
- Cheap
- Usually works at near rating condition
- E.g. 95% efficiency
- Spec efficient fans
- Cost of ductwork





REDACTED Price: \$697.00 Quantity: 1 Add To Cart

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 - 2 ton is the smallest efficient model
- 30 kBtu/hr system with 5 to 10 kBtu/hr load?
 - Runs for 10 to 20 min/hour (two fires/hour?) at peak
 - Short cycling (wear & tear, inefficiency)
 - Must provide ductwork for 40 kBtu/hr (~1000 CFM)



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Low-Load, High-Performance Homes: Introduction and HVAC Solutions

Context-Domestic Hot Water

- New low-load houses consume almost as much DHW energy as space-conditioning
- Hard to address HVAC without considering DHW
- Required power output for DHW is around 75-125 kBtu/hr to meet 2-3 GPM draw (instantaneous)
 - This is significantly more than peak power demand for cooling or heating
- 30-40 kBtu/hr with a storage tank → losses

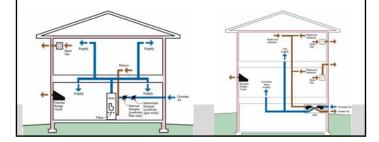


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Ventilation, Filtration, Mixing

- Central air-based systems allow for ventilation mixing, and filtration
- Ductless mini-splits don't help this!
- Fully ducted HRVs and mini splits? Cost ↑



Interactions, interactions...

BEWARE:

- "Perfect" solution for heating may not solve cooling
- "Perfect" cooling solution may not solve DHW
- Perfect heating + cooling + DHW may do nothing for ventilation!
- We need
 - Heat + cool + DHW + vent + filtration + humidity



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Choosing HVAC Systems

- No perfect solution
- Depends on building size, shape, etc.
- New or retrofit?
- Gas available or all-electric?
- Trades and equipment availability
- Money available



